

Preface

The Book of Abstract (BoA) of the 4th Bengkulu International Conference on Health (B-ICON) 2024 encapsulate the papers presented at this impactful event, held at the Poltekkes Kemenkes Bengkulu, Indonesia. This conference, the fourth in a series that began in 2018, convened under the theme "Building Resilience: Innovative Approaches to Non-Communicable Disease Prevention and Management."

B-ICON 2024 sought to address the growing global challenge of non-communicable diseases (NCDs) such as cardiovascular diseases, cancer, chronic respiratory diseases, and diabetes. Recognizing the limitations of traditional approaches, the conference focused on the vital role of resilience – the ability of individuals, communities, and health systems to adapt and thrive in the face of adversity – in confronting the NCD epidemic.

This gathering aimed to explore the transformative potential of innovation and technology in NCD prevention and management. By bringing together researchers, healthcare professionals, policymakers, and stakeholders from diverse backgrounds, B-ICON 2024 fostered a dynamic exchange of insights, experiences, and best practices in building resilience against NCDs.

B-ICON 2024 served as a catalyst for action, inspiring collaborative efforts towards a future where NCDs are effectively prevented and managed, and where individuals and communities are empowered to lead healthier, more resilient lives.

We express our sincere gratitude to all the authors, presenters, and participants whose contributions made B-ICON 2024 a resounding success. Their dedication to advancing knowledge and promoting resilience in the face of NCDs is truly commendable.

Ns. Idramsyah, M. Kep, Sp. Kep. M. B.

Chairman of B-ICON 2024

Poltekkes Kemenkes Bengkulu

Bengkulu, Indonesia