

Preface

Abstract Book of MEDLIFE2026 & ICBL2026 is composed of the abstracts of the 2026 12th International Conference on Health, Medicine and Life Sciences (MEDLIFE2026) and 2026 13th International Conference on Biology and Life Sciences (ICBL2026). According to the similarity among the topics of MEDLIFE2026 and ICBL2026, MEDLIFE2026 is held in conjunction with ICBL2026 on May 23-25, 2026.

MEDLIFE2026 and ICBL2026 serve as an optimal platform for specialists, scholars and researchers in the field related to health, medicine, biology and life sciences to facilitate academic communications and exchange ideas. These abstracts demonstrate the richness of interdisciplinary approaches, theories, models and applied research presented.

Major themes of the conferences include:

Health: Health Science, Mental Health, Healthy Diet, Human Nutrition, Physical Exercise, Health Care, Epidemiology, Pharmacology, Medical Sociology, Applied Health Sciences, Biomedical Engineering, Public Health, etc.

Biology: Cell Biology, Biogeography, Aerobiology, Biochemistry, Biomechanics, Bioengineering, Bioinformatics, Molecular Biology, Biomedical Research, Environmental Biology, etc.

Life Sciences: Bioethics, Botany, Zoology, Genetics, Food Science, Biotechnology, Health Sciences, Bio-engineering, Microorganisms, Medicine, Biomedicine, etc.

Medical Sciences: Anatomy, Medical Ethics, Biology and Genetics, Microbiology, Biophysics and Physics, Neurology, Dentistry, Oncology, Dermatovenereology, Ophthalmology, Otolaryngology, etc.

We thank all authors for their scientific contribution to MEDLIFE2026 and ICBL2026 and look forward to having the opportunity to showcase and disseminate your research.

Sincerely,

MEDLIFE2026 and ICBL2026 Organizing Committees